

## HOW TO REVISE...

Outlined below are effective methods that prompt for long-term memory retention:

1. With the notes provided on the website, create MINDMAPS with the topic headings in the centre.

Then write down everything you can remember from MEMORY (blurting method), anything you have forgotten, add to in RED pen. Repeat the process until you confidently know everything

2. Once confident, TEACH OTHERS- explaining concepts ensures a thorough understanding e.g. to peers or simply record yourself in your room on your phone

3. Get peers/careers to create questions based on the notes provided on the website, works in a similar way to FLASHCARDS but covers all areas of study randomly, like in the exam

4. Do ALL the practise questions available to apply your skills, questions repeat themselves & mark schemes are specific so get in the habit of learning terminology. You can find them on the exam board's website e.g. AQA or EDEXCEL or on 'PMT'

5. Try and summarise the notes provided even further. If you can summarise something, you have a better understanding

6. Use online platforms e.g. Anki or Quizlet if you like digital flashcards but make them BRIEF, you aren't tested on your ability to produce pretty flashcards: don't spend ages on them

7. Listen back to recordings of you saying content you need to learn

8. Do wider reading (good for history, re & English lit), contextualising concepts & finding interest in what you're studying helps you remember it & actively want to revise

9. Take breaks! Cramming is only effective in short bursts so your brain actually retains information, but START REVISING ASAP to minimise stress